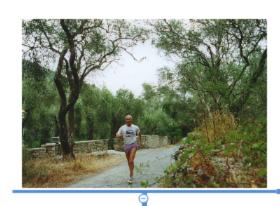
Athens Marathon

Participants

Athletes from around the world can take part in the Athens Marathon, held every year, in Autumn..... when the weather is still hot but not unbearable!



Suggested training venues (Gr)



Training in beautiful surroundings on the island of Paxos.



Marathon Beach Hotel is a great place to relax before and after the marathon, It is located in Nea Makri, approximately 6 miles from Marathon.

About

The marathon race (26.2 miles) follows the steps of the legendary Phidippides, from the town of Marathon

The modern race is based on a legend, when a messenger named Phidippides ran over twenty-four miles to Athens, carrying news of a great victory of the soldiers of Athens over an invading Persian Army.

On June 23, 1894, French educator Baron Pierre de Coubertin proposed that the ancient Games be revived on an international scale

The modern marathon commemorates this epic run every year, and celebrates the battle as a victory for democracy and for the preservation of western civilization.

The Finish



The first modern Olympic Stadium, Athens

The first (modern) Olympiad was celebrated in 1896, where an estimated 245 athletes from 14 nations competed in the ancient stadium before enthusiastic crowds.



The last few metres is an experience to relish.

Athletes finish in the very first Olympic Stadium, built in 1896.

2021 scheduled for Sunday November 14th 🥜